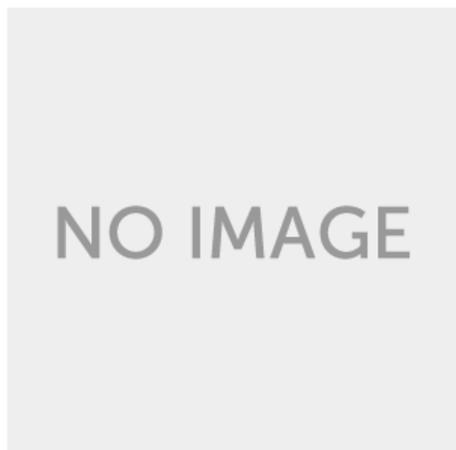


Caring for Your Child With Severe Food Allergies: Emotional Support and Practical Advice from a Parent Who's Been There



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Reviews of the Caring for Your Child With Severe Food Allergies: Emotional Support and Practical Advice from a Parent Who's Been There

Yggfyn

Before you go into complete shock after learning that your life has completely changed, check out a few books like this. People can and do live with severe allergies.

As another reviewer said, this isn't for people who have been living with allergies. It is pretty good for those of us who are new to food allergies AND for grandparents who, all too often, say "just one bite won't hurt."

Barit

When I found out my son had severe peanut & tree nut allergies my life completely changed. I love the way this book was written. It has provided the support I have been looking for, for the last year. I have ordered more copies for family to read as well. Food allergies change your life, anaphalaxis is something that is hard to talk about, and accept. The author did a great job just giving the reader support, and making me feel like I am not alone....

Agrainel

helpful info

JoldGold

This book is a wealth of information for parents, caregivers, teachers, grand parents and anyone else who has contact with your food allergic children. It is also an excellent resource for those who you are trying educate about food allergies and the importance of strict avoidance of the offending allergen(s). The book is written by the mother of a child with a life threatening peanut and tree nut allergy who has adopted a down to earth approach in dealing with all of the issues that you are faced with when a family member has a life threatening allergy. The author shows you that a realistic approach to keeping your child safe while, at the same time, trying to allow him or her to lead a normal life and be a "kid" can be achieved. She leads you through the stages of life with severe food allergies and the emotions evoked from the usually terrifying initial allergic reaction experience, diagnosis, feelings of guilt, acceptance, practical advice for coping and avoidance, dealing with sometimes doubting family members, caregivers and educators.

As a parent of a little boy with a life threatening peanut allergy, I can truly appreciate the knowledge and first hand experience that the author has in dealing with severe food allergies. I would strongly recommend this book to anyone with food allergy concerns.

Saimath

Ms. Collins tells us all of the painful, but important journey from discovery, research and finally solution to this most insidious of problems. Her literary manner and style generates confidence and comfort with her conclusions. She finally opened our eyes to some real solutions to a situation, which, until I read her consise, yet complete book, had eluded us for many months. She knows so well those things that are so important to us all and deserves our attention, support and praise. Thank you for everything, Ms Collins.

Bukus

Lisa Collin's book is informative, insightful, and full of the reality of living with life-threatening food allergies. In a society where misconceptions and ignorance about true food allergies is the norm, it is so very helpful to have a book that seeks to enlighten and educate. As a parent of a child with food-induced anaphylaxis, I wish I would have had this book 7 years ago at the time of diagnosis. However, it is still an excellent resource for those of us who are years into living with the knowledge that a trace of peanut protein could lead to a life-threatening allergic reaction in our child.

fightnight

This book made me anxious and distraught about my daughter's condition with allergies. The author used many dark examples of negative allergic reactions. What an eye opener to all of the things that can happen to your child! However, I felt much of the advice and guidance was lost when the extreme consequences were used for every case example. One of the first chapters did offer some

consolence that I was not alone - something that I appreciated reading. It is hard to remember that when you see non-allergic toddlers that can try a bite of any food that they want.

i gave this book to my daughter's daycare. it's a quick read and gives a good overview of food allergies, how to manage food avoidance (with a chapter dedicated daycare/preschool environments), how to recognize a reaction, and how to respond to a reaction. it's concise and to the point, not bogged down with a lot of extraneous stats and info.

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[Asthma Allergies Children: A Parent's Guide by Dr Paul Ehrlich, Dr Larry Chiaramonte, Henry Ehrlich](#)

[The Asperger Parent: How to Raise a Child with Asperger Syndrome and Maintain Your Sense of Humor by Jeffrey Cohen](#)

[The Parent's Answer Book: Over 101 Most-Asked Questions about Your Child's Emotional Well-being by Gerald Deskin](#)

[Taking charge of your child's allergies by Eric Gershwin](#)

[Dealing with Food Allergies: A Practical Guide to Detecting Culprit Foods and Eating a Healthy, Enjoyable Diet by Janice Vickerstaff Joneja](#)

[Child Support in America: Practical Advice for Negotiating and Collecting a Fair Settlement by Joseph Lieberman](#)

[Sharing the Caring: How to Find Right Child Care Make Work for U and Yr Child by Amy Louise Dombro](#)